

NEW ALWUROOD INTERNATIONAL SCHOOL, JEDDAH, K.S.A

Affiliated to CBSE – New Delhi, Affiliation No. 5730008



FIRST TERM EXAMINATION/EVALUATION 1-June 2022-23

WORKSHEET 1

GRADE:2

SUBJECT: EVS

Block 3: About family, celebrations, and games

Block 4: Food for Health

I. **Circle** the energy giving food and **underline** the bodybuilding food given below

Rice nuts eggs bread potato fish

II. Fill in the blanks.

- Your father's brother is your _____.
- Body building food helps us _____.
- Chess is an _____ game.
- _____ is a protective food.

III. Match the following.

Mother's mother	Sister
Aunt's son	Grandmother
Father's daughter	Cousin

IV. Simi does not include any fruits and vegetables in her diet. Explain how this may affect her health.

V. Identify the celebrations given in the picture.



VI. Write 2 things that you do at home to help your family.

VII. Complete the box by giving any 3 healthy food and 3 unhealthy food.

Healthy food	Unhealthy food

VIII. True or False

- a) Children should not help in doing any household tasks. _____
- b) Health foods are fresh and kept in clean places. _____
- c) We sleep and feel sad on festivals. _____
- d) We should give away the extra food to those who need it. _____